



**Healthy Connecticut 2020**  
State Health Improvement Plan

Chronic Disease ACTION Team Meeting (Layered Approach to Obesity Initiative)		
Date: Tuesday, April 4, 2017		
Time: 10:00 a.m. to 11:00 a.m.		
Location: GoToWebinar		
Attendees: Abby Alter, Mary Boudreau, Michael Greene, Anne Elwell, Mehul Dalal, Lynn Faria, Donna Heins, Charles Brown, Gina Smith, Sandy Gill, Chantelle Archer, Delores, Donna Heins, Teresa Dotson, Laura Knapp, Robert Zavoski		
Agenda Items	Discussion	ACTION Items and person responsible
	<p>The purpose of the webinar was to talk about how the full Chronic Disease Action Team membership could be engaged in the expanding the reach of the Obesity Subcommittee’s more focused strategies. This layered approach would include efforts within member organizations, as well as promoting concepts through member organization’s reach of contact and reach of influence.</p> <p><b>Healthy Food Donation Guide</b></p> <ul style="list-style-type: none"> <li>• The subcommittee is working on distributing the Healthy Food Donation Guide within targeted communities. Distribution of the Guide would be coordinated with efforts to establish food policy councils or hunger action teams in specific communities.</li> <li>• The Full Action Team member organization’s layer of this strategy would include member organizations adopting the Healthy Food Donation Guide as part of any food drive which their own organization implements with their employees – such as holiday food drives, or summer time food drives.</li> <li>• The external layer for action team members would be to share this food donation guide with another organization within your existing partner networks (<i>reach of influence/reach of contact</i>)</li> <li>• A draft of the Healthy Food Donation Guide was shared via the webinar.</li> <li>• The group discussed how progress/success would be measured. A brainstorm listing of measurable progress update/outcomes was shared. This information could be collected through a survey monkey to the full action team membership.</li> </ul>	<p>The <b>subcommittee</b> will begin looking into drafting a companion document on why the adoption of the guidelines is important.</p> <p><b>Sandy</b> will clean up the progress update survey questions and share with action team members.</p>

	<ul style="list-style-type: none"> <li>• Mehul explained the context of the survey- 1) how do members engage and report on progress, 2) how can members influence their own networks</li> <li>• The goal is to track how many people within in the Action Team are using the guide and then to expand it beyond the Action Team.</li> <li>• According to Teresa, we need to figure out how to distribute the guide and how to get it to the right people.</li> <li>• This first step would focus on engaging multiple organizations to agree to use the guide. In target communities there might be slightly different measures related to <i>(active implementation)</i>: are we actually making a difference in the quality of food items food pantries are receiving and how does their donated supply stack up against food items on the guide. However, for engaging the full action team membership, we are focusing on <i>(passive implementation measures)</i>: <ol style="list-style-type: none"> <li>1. How many action team member organizations adopt/use the guide within their organizations?</li> <li>2. How many extended partner organizations commit to adopt/use the guide in their donated food initiatives?</li> </ol> </li> <li>• Teresa mentioned that the version shared during the meeting was not the most up-to-date version.</li> </ul> <p><b><u>Ways to Share the Guidelines</u></b></p> <ul style="list-style-type: none"> <li>• Charles suggested disseminating the guidelines to school districts and local health districts. He mentioned it would be best if a request came directly from DPH – possibly at the commissioner’s semi-annual meeting. <i>(this agenda is already set – it would be faster to share the guide through the office of local health’s monthly webinar.)</i></li> <li>• Mehul mentioned possibly including contact information on the guide.</li> </ul>	<p><b>Mehul</b> will look into whether it is feasible for DPH to request that school districts distribute the guidelines.</p> <p><b>SANDY</b> will check with the Office of Local Health to see if a collaborative SHIP request could be shared during the monthly local health webinars.</p> <p><b>Teresa</b> will send Sandy the most up-to-date version of the guide which will include Teresa’s email, then <b>Sandy</b> will send it to the Action Team.</p>
<b>Key Dates/Meetings</b>	<p><u>Chronic Disease Action Team</u></p> <ul style="list-style-type: none"> <li>• Thursday, April 13, 2017, 9:00am –11:00am, CHA -<b>CANCELLED</b></li> <li>• Thursday, July 13, 2017 9:00am – 11:00am, CHA</li> <li>• October – TBD</li> </ul>	